

21. What is the primary setting for your practice:

Hospital-based Practice

Native Health Corporation

State/Borough/ Municipality

Military

School

Private Practice

IHS

Other (specify)

22. In a typical week, how many patients do you see? \_\_\_\_\_

23. Where is your main work location (city or village name)? \_\_\_\_\_

24. Does your work require that you travel to other locations besides your main work site? .....

Yes

No

25. In what year did you graduate from medical school? \_\_\_\_\_

27. What is your gender? .....

Male

Female

27. In what year were you born? \_\_\_\_\_

28. What kinds of support would be helpful to you in dealing with patients who have FAS?

29. What expertise or strengths do you have for dealing with patients who have FAS?

THANK YOU FOR YOUR HELP.



State of Alaska  
Department of Health and Social Services  
Office of Fetal Alcohol Syndrome  
P.O. Box 110609  
Juneau, AK 99811-0609



# Fetal Alcohol Syndrome in Alaska

## Statewide Survey of Physicians’ Opinions And Clinical Experiences

We are seeking information from physicians about their thoughts and experiences regarding alcohol use among their patients and Fetal Alcohol Syndrome (FAS). Your responses will be used to let policy makers know your views on the role of physicians in addressing Fetal Alcohol Syndrome among their patients, and to develop continuing medical education resources.

*This survey takes 10 minutes or less to complete. Please return your completed survey in the enclosed, stamped envelope. Thank you for your time and expertise.*

1. In your opinion, is it okay for a pregnant woman to have an occasional alcoholic beverage? .....

Yes

No

No Opinion

2. What do you think is the most alcohol that a woman could drink during her pregnancy that would probably be safe for her developing baby?

0 drinks during her pregnancy

1 or 2 drinks during her pregnancy

3 or 4 drinks her pregnancy

5 or more drinks during her pregnancy

Don't know

3. When do you think that a woman could drink during her pregnancy that would probably be safe for her developing baby?

Never during her pregnancy

During her 1st trimester

During her 2nd trimester

During her 3rd trimester

Don't know

4. In your opinion, is it okay for a nursing mother to have an occasional alcoholic beverage? .....

Yes

No

No Opinion

5. Do you think it's her own business if a woman drinks alcoholic beverages during her pregnancy? .....

Yes

No

No Opinion

6. With the next five statements please indicate how likely it is that you would talk to a pregnant friend or relative about the effects of alcohol on a developing baby if:

a) Your friend or relative drank 1 or 2 alcoholic beverages during her **entire** pregnancy.

Likely

Likely

Unlikely

Unlikely

Know

b) Your friend or relative drank 1 or 2 alcoholic beverages **a month** during her pregnancy.

Likely

Likely

Unlikely

Unlikely

Know

c) Your friend or relative drank 1 or 2 alcoholic beverages **a week** during her pregnancy.

Likely

Likely

Unlikely

Unlikely

Know

d) Your friend or relative drank 1 or 2 alcoholic beverages **a day** during her pregnancy.

Likely

Likely

Unlikely

Unlikely

Know

e) Your friend or relative drank **5 or more** alcoholic beverages on any one occasion during her pregnancy.

Likely

Likely

Unlikely

Unlikely

Know

YOUR COMMENTS AND SUGGESTIONS ARE IMPORTANT TO US. PLEASE FEEL FREE TO WRITE ANYWHERE ON THIS QUESTIONNAIRE AND/OR CALL DIANE CASTO AT 465-1188 (IN JUNEAU) OR 877 393-2287 (OUTSIDE JUNEAU)

		Highly Likely	Likely	Unlikely	Highly Unlikely	Don't Know
7. With the next five statements, please indicate how likely it is that you would talk to a pregnant friend or relative about seeking professional services to help her stop drinking if:						
a)	Your friend or relative drank 1 or 2 alcoholic beverages during her <b>entire</b> pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b)	Your friend or relative drank 1 or 2 alcoholic beverages <b>a month</b> during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c)	Your friend or relative drank 1 or 2 alcoholic beverages <b>a week</b> during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d)	Your friend or relative drank 1 or 2 alcoholic beverages <b>a day</b> during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e)	Your friend or relative drank <b>5 or more</b> alcoholic beverages on any one occasion during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. How much do you know about the medical diagnosis called Fetal Alcohol Syndrome?						
		<input type="checkbox"/> I've never heard of FAS	<input type="checkbox"/> I've heard of FAS	<input type="checkbox"/> I know a little bit about FAS	<input type="checkbox"/> I know a lot about FAS	
9. Please indicate how strongly you agree or disagree with the next six statements about Fetal Alcohol Syndrome (FAS):						
a)	People with FAS have a set of birth defects.	<input type="checkbox"/> Strongly Agree	<input type="checkbox"/> Somewhat Agree	<input type="checkbox"/> Somewhat Disagree	<input type="checkbox"/> Strongly Disagree	<input type="checkbox"/> No Opinion
b)	People with FAS have brain damage.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c)	People with FAS have mental retardation.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d)	People with FAS are affected physically.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e)	People with FAS will outgrow these effects.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f)	People with FAS have these effects through adulthood.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. Please indicate how strongly you agree or disagree with the next six statements about the effects of FAS on a person's capabilities:						
a)	FAS affects a person's motor skills.	<input type="checkbox"/> Strongly Agree	<input type="checkbox"/> Somewhat Agree	<input type="checkbox"/> Somewhat Disagree	<input type="checkbox"/> Strongly Disagree	<input type="checkbox"/> No Opinion
b)	FAS affects a person's memory.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c)	FAS affects a person's judgement.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d)	FAS affects a person's ability to plan.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e)	FAS affects a person's ability to reason.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f)	FAS affects a person's ability to learn.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. Please indicate how strongly you agree or disagree with the next three statements about alcohol use and FAS:						
a)	Drinking alcohol during pregnancy can cause birth defects.	<input type="checkbox"/> Strongly Agree	<input type="checkbox"/> Somewhat Agree	<input type="checkbox"/> Somewhat Disagree	<input type="checkbox"/> Strongly Disagree	<input type="checkbox"/> No Opinion
b)	Currently, the only known cause of FAS is alcohol consumption by a birth mother during her pregnancy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c)	Fetal Alcohol Syndrome is preventable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

12. Are you aware of any local groups or state agencies who currently provide help with FAS issues in your community? .....		<input type="checkbox"/> Yes	<input type="checkbox"/> No
12a. If yes, who are they? .....			
13. Which of these populations do you currently provide medical services for? <b>(Please check all that apply)</b>	<b>children (ages 12 or less)</b>	<input type="checkbox"/> Male	<input type="checkbox"/> Female
	<b>adolescents (ages 13-18)</b>	<input type="checkbox"/> Male	<input type="checkbox"/> Female
	<b>adults (ages 19+)</b>	<input type="checkbox"/> Male	<input type="checkbox"/> Female
14. Of your current female patients, what percent do you know, or strongly suspect, are pregnant? .....%			
15. Of these patients who are, or likely are pregnant, what percent do you strongly suspect to have an alcohol problem? .....%			
16. Of the newborn patients that you have delivered or seen in the past year, what percent have had alcohol related complications? .....%			
17. Do you currently have any FAS screening or diagnostic services available in your community? ..... <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't Know			
17a. If yes, who are they? .....			
18. When providing treatment for your patients, how often do you:	<b>Always</b>	<b>Most of the time</b>	<b>Some of the time</b>
	<b>Never</b>		
a) Ask your pregnant patients if they use alcohol?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) Inform your pregnant patients about the effects of alcohol on a developing baby?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) Refer your pregnant patients who have alcohol abuse problems to a treatment or counseling program?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19. During the past year when you delivered the babies of women that you knew or strongly suspected to have alcohol abuse problems, how often did you note alcohol use on the birth record of those babies?			
	<b>Always</b>	<b>Most of the time</b>	<b>Some of the time</b>
	<b>Never</b>		
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20. Please indicate how strongly you agree or disagree with the following statements about your role as a health care provider:			
	<b>Strongly Agree</b>	<b>Somewhat Agree</b>	<b>Somewhat Disagree</b>
	<b>Strongly Disagree</b>	<b>Strongly Disagree</b>	<b>No Opinion</b>
a) I feel that it is important for obstetricians/gynecologists to address alcohol abuse problems among their patients and their families.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b) I feel comfortable making a chart notation of Fetal Alcohol Syndrome (FAS).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c) I feel comfortable making a diagnosis of Fetal Alcohol Syndrome (FAS).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d) I feel that I have the appropriate skills and knowledge to deal with patients and their families who have problems with alcohol abuse.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e) I feel that I have the appropriate skills and knowledge to deal with patients who have FAS.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

PLEASE TURN PAGE